

**19<sup>th</sup> annual Congress of the**  
**EUROPEAN COLLEGE OF SPORT SCIENCE**  
**2<sup>nd</sup> - 5<sup>th</sup> July 2014, Amsterdam – The Netherlands**  
**BOOK OF ABSTRACTS**

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De Haan, A., De Ruiter, C. J., Tsolakidis, E.

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# Welcome

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On behalf of the European College of Sport Science (ECSS) and VU University Amsterdam we welcome you to Amsterdam for the 19th annual congress of the ECSS.

The two hosting partners, VU University Amsterdam and VU University Medical Center Amsterdam, have a long-standing reputation with excellent research in sport science. We have MOVE research institute amsterdam, which performs fundamental research on human movement with focus on rehabilitation, regenerative medicine and sports.

Besides that there is the Institute for Health & Care Research (EMGO+) with research is on public health, primary care and long-term care. We combine various fields of study and innovative techniques with focus on implementation and use in society.

The Amsterdam congress provides an outstanding scientific programme that emphasizes the current state of knowledge in sport science. The congress will feature four plenary sessions and 36 invited symposia on topical issues in the field. In total more than 2400 abstracts have been submitted from 67 countries. Free communications have been distributed among 74 oral and 106 mini-oral sessions. There are also 500 undebated E-posters, which can be viewed on large screens.

The capital of The Netherlands, host city for this 19th congress, is known for its beauty and historic significance. No-one can visit Amsterdam without having mounted on a boat for a trip on the cosy canals. Viewing the city from the water gives a total different experience.

Enjoy the finest works of art, the fruit of the blossoming 17th century in the Netherlands. In that time Amsterdam was a center where intellectual, artistic and trading activities converged. Rembrandt, Vermeer and other successful painters made the city Europe's leading center of art. Later, freethinkers like the philosopher Baruch de Spinoza found a warm welcome in Amsterdam, where religious tolerance was an important issue. You can learn about it in, amongst others, the Rijksmuseum and the Spinoza House.

Amsterdam will offer you a high-quality scientific programme, we anticipate that the 19th annual congress of the ECSS will be outstanding. On behalf of the ECSS and the local organizers we wish you great stay in Amsterdam. Enjoy sport science around the canals.

Prof. A. de Haan (VU University Amsterdam)



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