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# QUALITY AND TRADITION IN PDO CHEESES A COMPARATIVE STUDY OF CHEESE-MAKING PROCESSES, TRADITIONAL AND INDUSTRIAL, USING FT-IR/ATR

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## ABSTRACT

*Twenty samples of Italian cheeses, some of which were provided by local producers and carefully selected according to the date of production and the seasoning while others were purchased at specialty stores and supermarkets, were evaluated using FTIR ATR accessory. The samples were analyzed either by destructive methods both with FTIR /ATR, which allows the measurement of quantitative characteristics directly on cheese portions (~ 0.5 g). The content of fatty substances, the level of moisture, total nitrogen and protein content were determined by official destructive methods; this quantification of the nutritional components was necessary to develop calibration models for infrared spectroscopy with Fourier transform FT / IR.*

*Data was valuated though multivariate analysis.*

*The objective of this research is to develop a simple and rapid screening tool for definition of the qualitative characteristics of Italian cheese by using Fourier transform infrared spectroscopy (FTIR)*

**Keywords:** Italian cheese, composition, flavor, attenuated total reflectance infrared spectroscopy, multivariate analysis.

## INTRODUCTION

Many factors such as the composition of the milk (eg. protein and fat levels), moisture, starter cultures, the manufacturing process, and biochemical events that occur during maturation affect the quality of cheese. There are sensible differences between traditional and industrial buffalo cheese-making processes, as well for the prices of the two final products.

For this reason, considerable interest exists in the development of instrumental techniques to enable more objective, faster and less expensive assessment for defining and controlling the qualitative characteristic of typical cheeses in order to secure the consumer's choice, to protect traditional products against cheaper industrial imitations, to limit phenomenon of Italian sounding.

Infrared spectroscopy is an attractive technology for rapid, inexpensive, sensitive, and high-throughput analysis of food components and does not require special skills by the users.

Recently Infrared spectroscopy has been applied for authentication of products by commodity, variety and geographic origin. Has been shown the potential of IR spectroscopy for monitoring the geographic origin of cheeses (Karoui *et al.*, 2004, 2005) and for discriminating them according to the nature of the milk used in cheese-making process (Picque *et al.*, 2002, Subramanian *et al* 2009). Specifically, mid-infrared spectroscopy (4000- 700  $\text{cm}^{-1}$ ) has been used not only for monitoring the geographic origin but also for determining the major components in cheese such as protein, fat, moisture, lactic acid, sugars, casein, cholesterol, etc. (Rodriguez-Saona *et al.*, 2006; Subramanian *et al* 2008), every of them with distinct and reproducible biochemical fingerprint.

The objective of this research is to develop a simple and rapid screening tool for definition of the qualitative characteristics of Italian buffalo-cheese by using Fourier transform infrared spectroscopy (FTIR), also in order to discriminate the difference among traditional and industrial cheese-making processes.

## MATERIALS AND METHODS

### Sampling

Twenty samples of Italian buffalo cheese (mozzarella) were analysed in this work: ten samples elaborated via traditional cheese-making process were supplied by different manufacturers, while another ten elaborated via industrial cheese-making process were purchased at local stores. Samples have been taken from different production dates and stored at refrigerated (4°C) conditions until analysis, carried in the next two days.

### Physico-chemical analysis

For these determination, two sizes of Italian buffalo cheese have been analysed: 125 gr and 250 gr. Part of each sample was used for pH determination and FTIR/ATR Spectroscopy Measurements, while the other one was homogenized to define the content of fatty substances, the level of moisture, lactic acid, total nitrogen and protein.

The percentage compositions of moisture, fat, and protein were determined using the reference methods. The fat content was determined with Gerber reference method using Soxtec system, the moisture content by vacuum-oven method, and the protein content by Kjeldahl method. All samples were tested in duplicate.

### FTIR/ATR Spectroscopy Measurements

Infrared spectra were recorded in the 3000-900  $\text{cm}^{-1}$  region with a Fourier transform spectrometer Spectrum1000 PerkinElmer mounted with an ATR accessory equipped with a grip. Cheese slices were taken from the center of the cheese and pressed with the high-pressure clamp to ensure good contact between the sample and the crystal. In order to improve the signal to noise ratio, for each spectrum 64 scans were coadded (at 4 $\text{cm}^{-1}$  resolution). In this study, have been considered especially the regions of the mid-infrared spectra located between 3000-2800  $\text{cm}^{-1}$  (fat region), 1700- 1500  $\text{cm}^{-1}$  (protein region) and 1500-900  $\text{cm}^{-1}$  (fingerprint region) (Boubellouta *et al.*, 2010).

### Multivariate Data Analysis

One-way analysis of variance was carried out to determine the effect of cheese-making technology on the dependent variables (chemical and physicochemical parameters). Least significant difference (LSD) test was applied for comparison of the means and the statistical significance was determined at  $P < 0.05$ . Principal component analysis (PCA) was applied to IR spectra in order to investigate differences between the samples (Bertrand *et al.*, 2006).

## RESULTS AND DISCUSSION

The results of physico-chemical analysis illustrated in (Table 1) have no showed significant differences between the two cheese-making processes.

*Table 1. Mean ( $\pm$ SD) of the physicochemical characteristics of traditional and industrial buffalo-cheese making processes.*

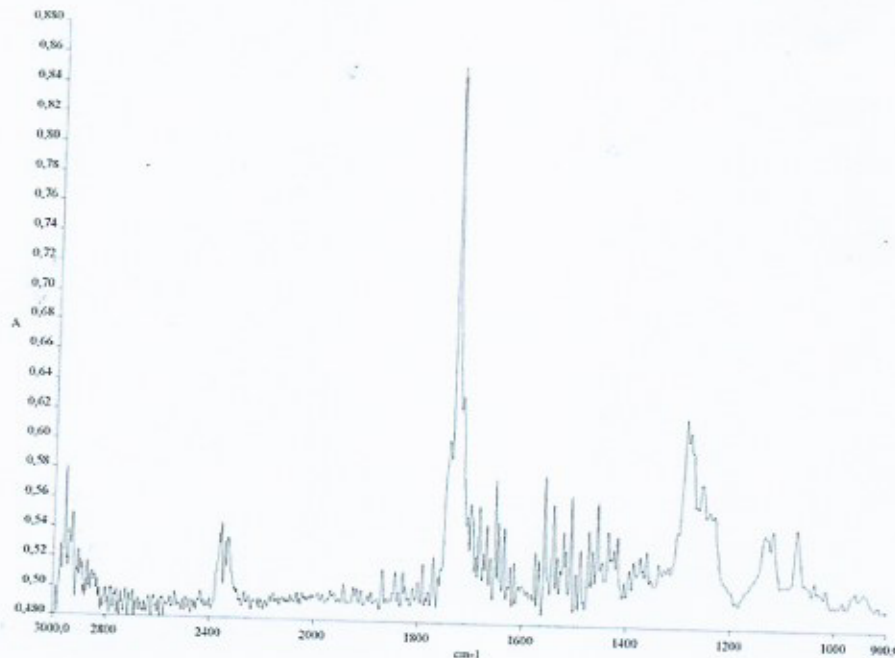
<i>Parameters</i>	<i>Traditional buffalo cheese</i>	<i>Industrial buffalo cheese</i>
pH	5,30 ( $\pm$ 0,09)	5,22 ( $\pm$ 0,08)
Lactic Acid %	0,47 ( $\pm$ 0,02)	0,48 ( $\pm$ 0,03)
Fat%	23,2 ( $\pm$ 0,82)	22,6 ( $\pm$ 0,57)
Protein%	16,2 ( $\pm$ 0,38)	12,5 ( $\pm$ 0,32)



### FTIR Spectra of traditional and industrial buffalo cheese.

FTIR technique is applied to identify the main types of structure present in the analyzed samples, through the correct association between absorption bands and fundamental vibrations of functional groups of the molecule. Clearly, intensities of the different bands are correlated with the concentration of the chemical functional groups.

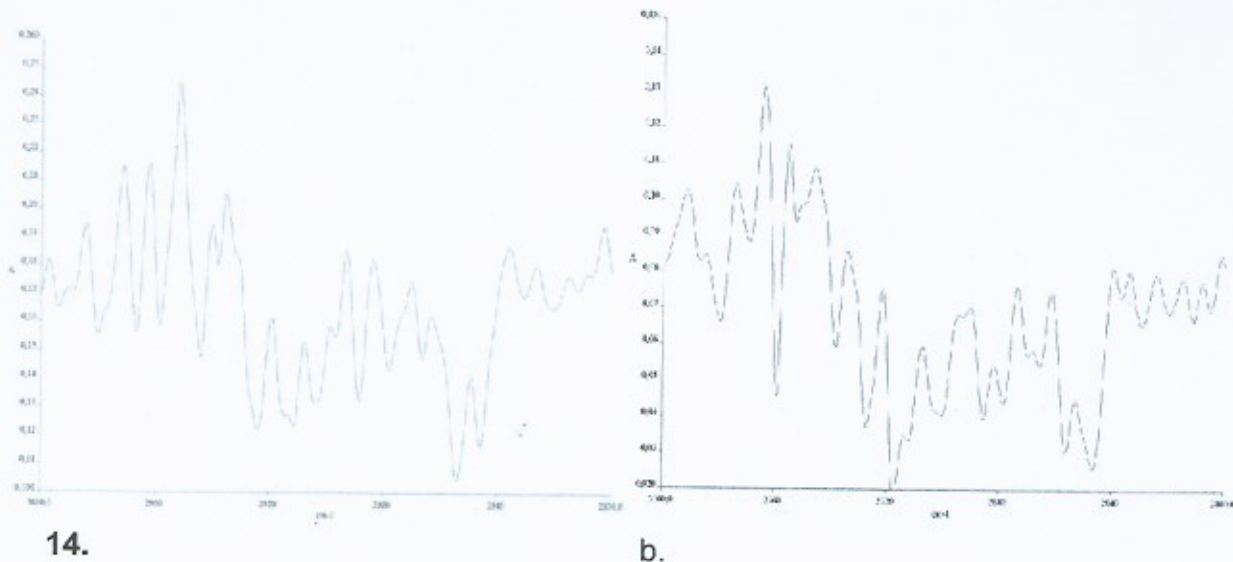
Figure (1) shows the typical mid Infrared spectrum of traditional buffalo cheese.



*Fig. 1: Typical Mid Infrared spectrum of traditional buffalo cheese (3000-900  $\text{cm}^{-1}$ ).*

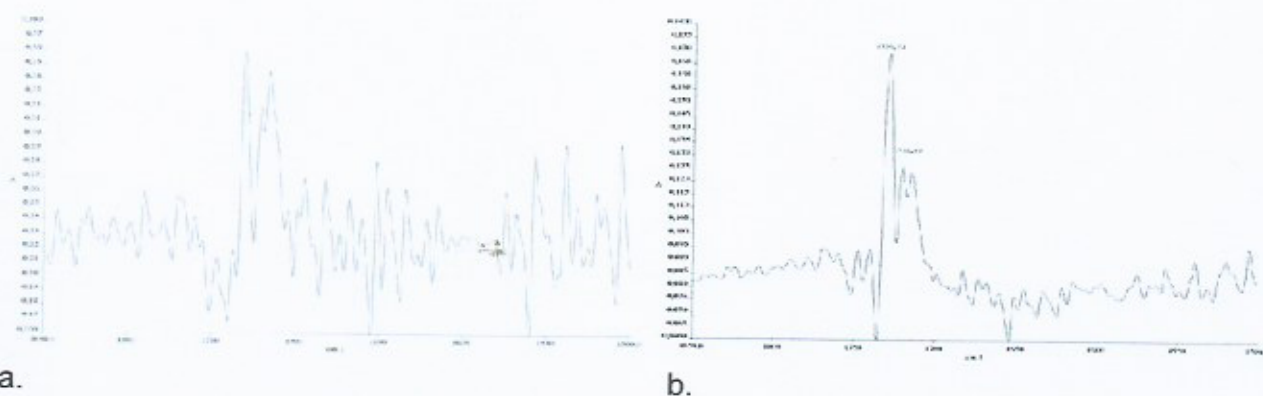
The spectral regions that were the most important to assess the quality attributes of cheese were found to be 3000-2800  $\text{cm}^{-1}$  region corresponding to lipids, 1700-1500  $\text{cm}^{-1}$  corresponding to Amide I and II bands, and the 1500-900  $\text{cm}^{-1}$  region.

The spectral circa values of 1800-700  $\text{cm}^{-1}$  are considered to be "fingerprint" values, specific fingerprint of each compound (Cevoli et al. 2013; Nurrulhidayah et al. 2013; Reid et al., 2006). In literature this area has a coverage between 800-1200 and 1000-1500  $\text{cm}^{-1}$  (Van de Voort *et al.*, 1994) but in this study, authors have extended it to 1850  $\text{cm}^{-1}$ . The region between 3000-2800  $\text{cm}^{-1}$  consists of absorbance from C-H stretching vibrations of  $-\text{CH}_3$  and  $>\text{CH}_2$  functional groups of fatty acids (Bertrand and Dufour, 2006). Specifically, the interval between 2900-2827  $\text{cm}^{-1}$  correspond to fat content in cheese (as well the range from 1782 to 1705  $\text{cm}^{-1}$ ). Figure 2 shows two major bands corresponding to methylene/methyl groups, that were observed at  $\sim 2963$  and at  $\sim 2955$   $\text{cm}^{-1}$ . The observed changes in methyl and methylene bands were attributed to difference in nature concentration and physical state of fatty acids (Boubelouta *et al.*, 2010).



14. **Fig. 2:** Spectra of traditional buffalo cheese (a), and industrial buffalo cheese (b) in the region between 3000 and 2800  $\text{cm}^{-1}$ .

The spectral region between 1701-1507  $\text{cm}^{-1}$  corresponded to protein content. Figure 3 shows spectra of traditional buffalo cheese (a), and industrial buffalo cheese (b) in the region between 1850 and 1500  $\text{cm}^{-1}$ . Two well-defined peaks were observed at 1715 and 1730  $\text{cm}^{-1}$  associated with esters and organic acids. Besides, in the figure 3 a) were noted many other picks, two of which associated to the Amide I at  $\sim 1651 \text{ cm}^{-1}$  and to Amide II at  $\sim 1556 \text{ cm}^{-1}$ . (Koca et al 2007, Mendenhall & Brown 1991) Probably, these two peaks are associated with hydrolysed proteins according to Bertrand and Dufour, 2006. Changes in intensity and position of these bands in the 1700-1500  $\text{cm}^{-1}$  range have been associated with changes in casein secondary structure, protein aggregation and protein-water interaction (Othman *et al.*, 2012; Karoui et al 2006, Mazerolles *et al.*, 2001; Bertrand and Dufour, 2006).



**Fig. 3:** Spectra of traditional buffalo cheese (a), and industrial buffalo cheese (b) in the region between 1850 and 1500  $\text{cm}^{-1}$ .

In the third region of FTIR spectra ( $1500-900\text{ cm}^{-1}$ ), wavenumbers for specific chemical groups were recognised:  $1477-1400$  and  $1195-1129\text{ cm}^{-1}$  for ester carbonyl C-H and C-O group (Belton *et al.*, 1988). In figure 4 a. were observed more peaks in the range between  $1477$  and  $1400\text{ cm}^{-1}$ , but we can find in both spectra (a. and b.) peaks at  $\sim 1420$ ,  $1435$ ,  $1470\text{ cm}^{-1}$  although with different absorbance. The highest peak was observed at  $\sim 1289\text{ cm}^{-1}$ .

In both spectra were observed two peaks: at  $\sim 1073\text{ cm}^{-1}$  and another one at  $\sim 1120\text{ cm}^{-1}$ , probably related to sum of lactose, monosaccharide (Karoui *et al.* 2006., Petibois *et al.*, 2000), and the ester linkage of lipids (Martin del Campo *et al.*, 2007-2009); instead no well-defined peaks were assigned to glucose and galactose (that may be located at  $\sim 1377\text{ cm}^{-1}$ , according to Othman *et al.*, 2012).

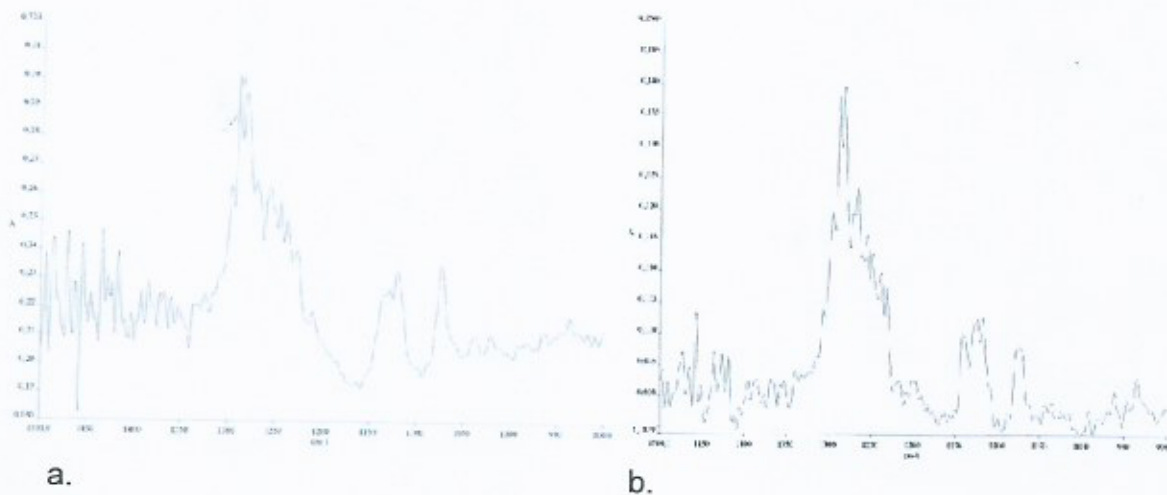


Fig. 4: Spectra of traditional buffalo cheese (a), and industrial buffalo cheese (b) in the region between  $1500$  and  $900\text{ cm}^{-1}$ .

Throughout the region MIR ( $3000-900\text{ cm}^{-1}$ ), and specifically in the intervals between  $2900-2827$  and  $1782-1705\text{ cm}^{-1}$  (which correspond to fat content in cheese), in the range between  $1701$  and  $1507\text{ cm}^{-1}$  (corresponding to protein content) and finally in that from  $1200$  to  $967\text{ cm}^{-1}$  (carbohydrates), the buffalo cheese samples produced in a traditional manner, have showed higher absorbance, demonstrating the results of chemical and physical analysis according to which these samples possessed a higher content of protein and fat respect those obtained through industrial buffalo cheese-making processes.

These results highlight the importance of different regions across the entire spectral range used in predicting the quality attributes of cheese.

FTIR could be used to check any variations in buffalo cheese samples, especially when they have to be marketed abroad, to implement the traceability of products, to identify substances (such as soda and bleaching) commonly used in phenomena like "Italian sounding", in order to protect Italian products and consumer choices.

In order to determine the spectral wavenumbers and the associated functional groups that were responsible for the classification of the cheeses in PCA plot, the loading plot for PC1 and PC 2 was analyzed. The main loading peaks observed for PC1 were positive associated with lipids ( $2963$ ,  $2955\text{ cm}^{-1}$ ). Negative loading peaks associated in PC2 with lipids ( $2920$ ,  $2855$ ,  $1742\text{ cm}^{-1}$ ). Positive loadings peaks associated with Amide I ( $1651\text{ cm}^{-1}$ ). Amide II ( $1556\text{ cm}^{-1}$ ), C-H bending ( $1462\text{ cm}^{-1}$ ) were observed for PC2. These results also

suggest that MIR spectroscopy is primarily differentiating between samples on the basis of manufacturing process of cheese.

## CONCLUSION

Results from this study showed that industrial technology has a large impact on Italian buffalo cheese (mozzarella) quality, significantly affecting the texture attributes of cheeses, although they had similar composition characteristics. FT-IR spectroscopy and chemometric analysis, could be provide an exceptional opportunity for confirming cheese quality and to classify according to their manufacturing process. FT-IR spectroscopy could contribute to the development of simple and rapid protocols for monitoring complex biochemical changes, and predicting the final quality of cheese. Variation in absorbance intensity of fat and protein-related bands changed greatly due to variation in cheese-making procedure. Results from the study showed that industrial technology has a large impact on cheese quality.

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## CONCLUSION

The study was conducted to determine the effect of storage time on the quality of cheese. The results showed that the quality of cheese decreased as the storage time increased. The pH of the cheese increased, while the moisture content and the total solids content decreased. The results also showed that the texture of the cheese became softer as the storage time increased. The study concluded that the quality of cheese is affected by storage time and that the quality of cheese should be monitored during storage.

Parameter	Initial Value	Value after 1 month	Value after 2 months	Value after 3 months
pH	5.12	5.18	5.24	5.30
Moisture (%)	38.21	37.85	37.49	37.13
Total Solids (%)	61.79	62.15	62.51	62.87
Moisture (%)	38.21	37.85	37.49	37.13
pH	5.12	5.18	5.24	5.30
Moisture (%)	38.21	37.85	37.49	37.13
Total Solids (%)	61.79	62.15	62.51	62.87
Moisture (%)	38.21	37.85	37.49	37.13